

MWMHP Mission Statement

The LESC mobile outreach project –the Minority Women’s Mobile Health Project (MWMHP), Wellness In Motion -2, takes the view that recovery is possible, and that clients can make appropriate decisions regarding their treatment and recovery if presented with options and given support. Toward that end, the services provided on the mobile unit will include: outreach, screening, assessment, testing (HIV/HCV), risk assessment and risk reduction, brief intervention, a specialized track geared to women who are also victims of trauma, referral for additional needed services, health seminars and basic health screening, access to housing and entitlements, and reassessment.

The LESC mobile outreach project, MWMHP/Wellness In Motion-2, was developed, based on the premises that: 1. women often remain out of care because of issues of fear and shame and would benefit from in situ care; 2. chronically relapsing, hard-to-reach addicts, opioid addicted in particular, would benefit from a community-based treatment approach, i.e. meeting the clients where they are, both physically and emotionally (engage); supporting each step of their effort toward taking responsibility for their recovery, to the best of their current ability (encourage); and facilitating their engagement in services (enroll); 3. there are attendant tangential services that women need in order to maintain their recovery, namely housing and trauma-based intervention. It is often the lack of these focused interventions that accounts for relapse among minority women in particular. Taking a strengths-based perspective, Wellness In Motion (MWMHP)-2 will:

- service a specified group of individuals;
- directly provide treatment, support, and intervention;

- provide services proactively, as a team, with each member of the team sharing responsibility for the individuals served;
- maintain a small staff-to-consumer ratio (no more than ten clients at a time);
- deliver services in situ with no time limit on receiving services.

Target Population:

The target population for servicing by WIM-2 are: minority women in and around the Lower Eastside, who may be in treatment or out. The LESC mobile unit (MWMHP) is providing services on three levels:

Level I: Outreach and screening.

At this level clients are located and preliminarily screened to determine their eligibility for participation in the WIM-2 project.

Level II: Assessment, testing, care, and referral.

At this level clients are officially enrolled in WIM-2's service delivery system.

Level III: Reassessment.

Clients will be followed six months post initial DCI in order to perform reassessment DCI and through discharge to complete the discharge DCI.